



Eco Newsletter

MERRY CHRISTMAS EVERYONE

*Merry Christmas and a Happy New Year
From
Everybody at the East and Old Church*



Think green wrap eco this year

THANK YOU TO ALL OF OUR VOLUNTEERS

Thank you to everyone throughout Angus who has volunteered a donation and/or time to the East and Old Church projects this past year. From those who helped buy trees for the Garden of Hope at Padanaram, to those who have baked cakes for our events and donated items to our shop. Thank you all.



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SPECIAL POINTS OF INTEREST

- Plant trees
- Support a charity
- Recycle at Christmas
- Thank you and have a great new year

THE ULTIMATE SUSTAINABLE XMAS TREE



Why not plant a Christmas tree in your garden this year. You can use it year after year and help reduce carbon from the air at the same time.

Plant a Christmas Tree

FRIENDS OF THE EARTH

Landmark victory in July 2022 sends British Government back to the drawing board to re-compose their “Net Zero Strategy policy.

“We’ll all benefit if the Net Zero Strategy does what it’s supposed to and delivers emissions reductions and a more climate-friendly economy.

Better public and active transport (like cycle lanes and buses) and more electric cars will reduce pollution on roads. More trees will help clean our air and protect nature, while expanding our renewable energy sector will ensure more energy security. In other words, a greener and healthier world for all.”

ON THE FIRST DAY OF CHRISTMAS

On the first day of Christmas my true love sent to me a Christmas tree that I could plant in my garden and use every year.

On the second day of Christmas my true love sent to me a fully paid year of animal aid for my favourite animal—e.g. tiger, lion, rhino, elephant, donkey etc. [costs £36 per year.]-

On the third day of Christmas my true love sent to me a £19 Christmas gift to the Salvation Army in my name.

On the fourth day of Christmas my true love sent to me a Liforme's 100% biodegradable yoga mat. Mats are made from naturally-sourced sustainable rubber and a specially-engineered non-toxic polyurethane. This Christmas, Liforme will donate 5% from each sale of its [Purple Earth and White Magic ranges](#) of mats to Friends of the Earth.

On the fifth day of Christmas my true love sent to me five golden home baked cakes, with no packaging—only love and a reusable tin

On the sixth day of Christmas my true love sent to me a Christmas Bee Saver Kit wuth bee-friendly wildflower seeds, a bee identification guide, Christmas goodies and much more.

On the seventh day of Christmas my true love sent to me a set of solar LED Christmas lights for my newly planted permanent Christmas tree.

On the eighth day of Christmas my true love sent to me a membership to a wildlife trust.

On the ninth day of Christmas my true love sent to me a homemade bird table and nuts/ seeds for my garden.

On the tenth day of Christmas my true love sent to me a beeswax candle display that I can use to light up my room instead of buring electric light on Christmas day.

On the eleventh day of Christmas my true love sent to me a box of Fair trade chocolates.

On the twelfth day of Christmas I sent to the local charity shop all the clothes I received that were the wrong size so that others could benefit from them.



Stock image

HAVE YOURSELF AN ECO CHRISTMAS THIS YEAR AND REDUCE WASTE

- * **Buy non glitter Christmas paper and cards**
- * **Give a charity a hand and buy charity Christmas cards**
- * **Save a tree and send e-cards when possible**
- * **Have a pre Christmas clear-out and donate the old toys and clothes to a charity shop.**
- * **Alternatively give the old toys to a toy appeal**
- * **Try lighting your Christmas Eve by candlelight and save on electrical power.**
- * **Walk to your Christmas Eve service to save on car emissions**
- * **Recycle your wrapping paper and cards via the recycle bin**
- * **Use your leftover Christmas day food to create Boxing Day sandwiches and casseroles**

MERRY CHRISTMAS EVERYONE

Walk to cop27

This year members of the East and Old Church took part in the virtual walk in order to raise kilometres for trees.

We walked 468.77kms of the 101,255kms walked by people all over the world and raised enough to plant 73,676 trees.

